

Primary Care Prescribing Summary - 1st and 2nd line choices

BNF chapter/section	Drug Group	1 st line choices	2 nd line choices
Chapter 1 Gastro-intestinal system			
1.1	Dyspepsia and GORD	Co-magaldrox (prescribe as Mucogel [®]). Peptac [®] Liquid (alternative to Gaviscon [®] and Gavscon [®] Advance).	
1.2	Antispasmodics and other drugs altering gut motility	Mebeverine (prescribe generically)	Hyoscine butylbromide. Peppermint oil gastro resistant capsules. Alverine (Spasmonal).
1.3.1	H ₂ receptor antagonists	Ranitidine	
1.3.5	Proton pump inhibitors	Omeprazole capsules . Lansoprazole capsules .	Pantoprazole tablets. Lansoprazole (orodispersible tablets) FasTabs [®] and Losec [®] MUPS [®] (dispersible tablets)-for patients with swallowing difficulties only.
1.4	Acute diarrhoea	Loperamide capsules (capsules more cost effective than tablets)	Codeine Phosphate
1.5	Chronic bowel disorders	Sulphasalazine EC-prescribe as Salazopyrin [®] EN-Tabs [®] Mesalazine-prescribe by brand name. Octasa [®] MR is our first line brand of oral mesalazine	It is recommended that mesalazine is prescribed by brand name-if 400mg tablets are required Octasa [®] MR tablets are recommended as they are considered to be bioequivalent to Asacol [®] MR tablets but more cost effective. It is more cost effective to prescribe 800mg dose as 2 x 400mg Octasa [®] MR tablets.
1.6.1	Bulk forming laxatives	Ispaghula (prescribe as Fybogel [®])	
1.6.2	Stimulant laxatives	Senna. Docusate sodium.	
1.6.4	Osmotic laxatives	Laxido [®] Orange oral powder (compound macrogol oral powder)-please note Laxido [®] is not recommended for children under 12 years	Lactulose
1.7	Local preparations for anal and rectal disorders	Anusol-HC [®] (ointment). Uniroid HC suppositories. Glyceryl trinitrate 0.4% ointment (Rectogesic [®])-only licensed strength for anal fissure.	