Safeguarding Policy for the Management of Cases where Fabricated and Induced Illness is a concern

July 2019

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| Target Audience:     | All staff who work with children and their families  
                      | All line managers of staff who work with children and their families |
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INTRODUCTION

All NHS services are required to fulfil their legal duty under section 11 of the Children Act 2004 and statutory responsibilities as set out in Working Together to Safeguard Children 2018.

This procedure is supplementary to national and local policy and should be followed in conjunction with Safeguarding Children in whom Illness is Fabricated or Induced (HM Government 2008) and Southend Essex and Thurrock (SET) Child Protection Procedures 2018. This will need to be amended when new procedures are ratified.

This policy applies to all staff employed by Thurrock CCG which includes relevant staff groups and the above will be referred to as “all staff” in the policy.

In this policy, the term ‘children’ will apply to all children and young people who have not yet reached their 18th birthday as per the Children Act 1989. The fact that a child has reached 16 years of age, is living independently or is in further education, is a member of the armed forces, is in hospital, in prison or in a young offender’s institution, does not change his or her status or entitlement to services or protection under the Children Act 1989.

Fabricated or induced illness (FII) is a form of abuse, not a medical condition. In working with cases of suspected fabricated or induced illness, the focus must be on the child’s physical and emotional health and the likelihood of the child suffering significant harm.

FII occurs when a caregiver (in 93% of cases, the mother (Schreier, 2004) misrepresents the child as ill either by fabricating or producing symptoms and then presenting the child for medical care, disclaiming knowledge of the cause of the problem.

FII is perpetrated by all social classes and is not associated with other types of family violence or crime. Although FII is uncommon it has a high morbidity and is often not recognised until the child has suffered significant long term physical and / or psychological health consequences causing impairment. They may also suffer emotional harm as a result of an abnormal relationship with their parent / carer and /or disturbed family relationships.

Where concerns exist about possible FII, it requires professionals to work together, evaluating all the available evidence, in order to reach an understanding of the reasons for the child’s signs and symptoms of the illness.

The management of these cases requires a careful medical and psycho social evaluation to consider a range of possible diagnoses and establish any avoidable impairment. At all times professionals need to keep an open mind to ensure that they have not missed a vital piece of information. Following the identification of possible FII in a child being perpetrated by a parent or carer, the way in which the case is managed will have a major impact on the developmental outcomes for the child (HM Government, 2008).

PURPOSE / POLICY STATEMENT

To provide staff in Thurrock CCG with information so that they may fulfil their statutory duties to safeguard and protect children and young people when there are
Policy for the Management of Cases where Fabricated or Induced Illness is a Concern

2.2 To provide a single consistent approach, across the local health economy, in the management of suspected FII that is consistent with national and local guidance. To clearly define roles and responsibilities so that the process is transparent and staff understand the complexities of the process and have realistic expectations about the timeframes within which the case can be managed.

3 DEFINITIONS

<table>
<thead>
<tr>
<th>Thurrock CCG</th>
<th>South West Essex CCGs are defined as Basildon &amp; Brentwood and Thurrock Clinical Commissioning Groups (the CCG) responsible for commissioning health services for the population of their catchment area.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commissioning</td>
<td>Is the process of arranging continuously improving services which delivery the best quality outcomes for patients.</td>
</tr>
<tr>
<td>A child</td>
<td>Is anyone who has not yet reached their 18th birthday. The fact that a child has reached 16 years of age, is living independently or is in further education, is a member of the armed forces, is in hospital or in custody in the secure estate, does not change his/her status or entitlements to services or protection under the Children Act 1989. Children therefore, mean children and young people throughout this policy.</td>
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| Safeguarding and promoting the welfare of children | Is defined as  
  - Protecting children from maltreatment;  
  - Preventing impairment of children’s health or development;  
  - Ensuring that children are growing up in circumstances consistent with the provision of safe and effective care and  
  - Take action to enable all children to have the best outcomes. |
| Abuse        | Is a form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by other (e.g. via the internet). They may be abused by an adult or adults, or another child or children. |
| Child protection | Is a part of safeguarding and promoting welfare of children. This refers to the activity that is undertaken to protect specific children who are suffering, or are likely to suffer from significant harm. |
| Child In Need | Is defined under Section 17 of the Children Act 1989 as a child is unlikely to achieve or maintain a satisfactory level of health or development, or their health and development will be significantly impaired, without the provision of services; or a child who is disabled. |
| Significant Harm | The Children Act 1989 introduced the concept of significant harm, it is any physical, sexual or emotional abuse, neglect, accident or injury that is sufficiently serious to adversely affect progress and enjoyment of life. Significant harm is the |
threshold that justifies compulsory intervention in family life in the best interests of children. It gives local authorities a duty to make enquiries to decide whether they should take action to safeguard or promote the welfare of a child who is suffering, or likely to suffer, significant harm. This definition was clarified in Section 120 of the Adoption and Children Act 2002 (implemented on 31st January 2005) so that it may include, 'for example, impairment suffered from seeing or hearing the ill treatment of another; (Domestic Abuse / Violence).

<table>
<thead>
<tr>
<th>Looked After Children (LAC)</th>
<th>This term to children currently being looked after and/or accommodated by local authorities/health and social care trusts, including unaccompanied asylum seeking children and those children where the agency has authority to place the child for adoption. A child or young person is ‘Looked After’ under the Children Act 2002, if he/she accommodated by the local authority.</th>
</tr>
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</table>
| Fabricated or Induced Illness (FII) | FII in a child is a condition whereby a child suffers harm through the deliberate action of her/his main carer and which is duplicitously attributed by the adult to another cause. Some health organisations may also refer to this as a perplexing presentation.  
There are three main and not mutually exclusive ways of the carer fabricating or inducing illness in a child:  
- Fabrication of signs and symptoms, including fabrication of past medical history  
- Fabrication of signs and symptoms and falsification of hospital charts, records, letters, documents and specimens of bodily fluids  
- Induction of illness by a variety of means. |

4 ROLES AND RESPONSIBILITIES

4.1 Governance Arrangements

4.1.1 The CCG has a clearly defined safeguarding accountability and governance arrangements in place which ensures the CCG is able to fulfil all its statutory requirements including the proactive and effective management of risk.

4.1.2 **The CCG:** is a statutory partner of the Thurrock Safeguarding Children’s Board. The CCG need to ensure its NHS commissioned providers meets their responsibilities through its commissioning arrangements with them.

4.2 CCG Board

4.2.1 The CCG Board has the ultimate responsibility and accountability for ensuring that all quality and safeguarding duties are discharged effectively. The Board will receive assurance that all responsibilities are discharged; that systems and process are in place to monitor quality issues including safety in an on-going way, that arrangements are in place to proactively identify early warnings of a failing service, arrangements are in place to deal with and learn from serious untoward incidents and never events and has established appropriate systems for safeguarding from a committee of the Board, the Patient Safety and Quality Committee.
4.2.2 The CCG Board is responsible for ensuring that there are robust safeguarding systems in place to effectively safeguard Children and young people in the local health economy and these systems are monitored. They are also responsible for ensuring that all commissioned provider services are meeting their statutory duties in relation to safeguarding Children, Young people and their families.

4.2.3 The Board will receive an annual safeguarding children report and will be updated through reports to the Quality and Patient Safety Committee.

4.3 **Accountable Officer**

4.3.1 The CCG Accountable Officer of each organisation is responsible for ensuring compliance with this policy and procedures and for ensuring that the policy is effective.

4.4 **Chief Nurse**

4.4.1 The CCG Chief Nurse is the Executive Lead for Safeguarding and will ensure that the CCG works closely with partner organisations and provides appropriate representation alongside the Designated Professionals Nurse at the relevant Local Safeguarding Children Board and its subcommittees.

4.4.2 The Chief Nurse will work in partnership with the NHS England Director of Nursing in complying with the new accountability and assurance framework and will work closely with other regulators through the various Groups to ensure sharing and learning of key information relating to all aspects of patient safety and quality, including safeguarding.

4.4.3 The Chief Nurse is responsible for ensuring that the needs of all children and young people are at the forefront of local planning and ensuring that the health services commissioned meet identified quality and safety standards.

4.4.4 The Chief Nurse will ensure that all commissioned services give assurance on their processes and systems for children’s safeguarding and that it is a standing agenda item at all Quality meetings.

4.4.5 To fulfil all the responsibilities the Chief Nurse has support from the Designated Children Safeguarding and Looked After Children Professionals.

4.5 **Designated Professionals Safeguarding Children and Looked After Children (LAC)**

4.5.1 Designated and Named Safeguarding Children Professionals are responsible for providing staff with advice and support when dealing with actual or suspected cases of FII and for promoting, influencing and developing training on this issue.

4.6 **Lead/Named Professional for Safeguarding Children**

4.6.1 The responsible Paediatrician is the Consultant responsible for the child’s clinical care should take the lead responsibility to find out whether the child’s illness and individual symptoms and signs have an unequivocal explanation as a natural illness. If this is not clear, the possibility of FII has to be considered as part of the differential diagnosis together with the effect on the child (Child Protection Companion, 2006). The responsible Paediatric Consultant should take lead responsibility for all decisions about the child’s health care – these should not be delegated to a more junior
member of staff although they may be involved in the process of assessment and subsequent management under the consultant’s supervision.

4.7 All CCG staff

4.7.1 All clinical staff should:

- Be alert to potential indicators of FII;
- Be alert to the risk of harm which individual abusers, or potential abusers, may pose to children in whom illness is being fabricated or induced;
- Be familiar with SET Child Protection procedures and, in particular, know who to contact when they have child safeguarding concerns.
- Discuss all suspicions of FII with a Named or Designated Safeguarding Professional;
- Share and help to analyse information so that an informed assessment can be made of the child’s needs and circumstances;
- Contribute to whatever actions (including the cessation of unnecessary medical tests and treatments) and services are required to safeguard and promote the child’s welfare;
- Regularly review the outcomes for the child against specific planned outcomes;
- Work co-operatively with parents unless to do so would place the child at increased risk of harm;
- Ensure that any suspicion of FII is not shared with the parent in order to protect the welfare and safeguarding of the child
- Assist in providing relevant evidence in any criminal or civil proceedings, should this course of action be deemed necessary.

5 POLICY DETAIL

5.1 Identification of FII

5.1.1 Identification of FII is not a swift or easy process; identifying the carer's patterns of behaviour will take a multi-agency approach, expertise and observation.

5.1.2 FII should be considered if a child's history, physical or psychological presentations or investigations lead to a discrepancy with a recognised clinical picture.

5.1.3 FII should be suspected if a child’s history, physical or psychological presentations or investigations lead to a discrepancy with a recognised clinical picture and one or more of the following is present:

- Reported symptoms and signs only appear or reappear when the parent/carer is present;
- Reported symptoms are only observed by the parent/carer;
- Symptoms are not witnessed by other members of the family or frequent family visitors / Health professionals
- An inexplicably poor response to prescribed medication or other treatment;
- The parent/carer appears to know a lot about the prescribed medicine and/or treatment;
- New symptoms are reported as soon as previous ones have resolved;
• There is a history of events that is biologically unlikely (e.g. infants with a history of very large blood losses who do not become unwell or anaemic);
• Although the parent/carer stays with the child all the time while he/she is in hospital and attends to him/her well, they do not appear as concerned about the child’s wellbeing as the health care professionals who are providing treatment; in contrast they may appear overly concerned;
• Despite a definitive clinical opinion being reached, multiple opinions from both primary and secondary care are sought and disputed by the parent/carer and the child continues to be presented for investigation and treatment with a range of signs and symptoms;
• The child’s daily life and normal activities are limited beyond what is expected due to any medical condition from which the child is known to suffer (e.g. poor school attendance, factors impacting on normal developmental opportunity) or the child is using aids to daily living (e.g. wheelchairs) more than would be expected for any medical condition that the child has.

5.1.4 Diagnosis of FII can be especially difficult, because the reported signs and symptoms cannot be confirmed (when they are being exaggerated or imagined) or may be inconsistent (when they are induced or fabricated).

5.1.5 Features that may be associated with FII, but none of which are themselves indicative, are:
• Early commencement of the child's medical, especially hospital, treatment;
• The attendance at various hospitals, in different geographical areas;
• Development of feeding disorders, as a result of unpleasant feeding interactions;
• The child may develop abnormal attitudes to their own health and becomes drawn into the parents illness;
• History of unexplained death, illness or multiple surgery in parents and/or siblings of the family;
• Past history in the carer of childhood abuse, self-harm, somatising disorder or false allegations of physical or sexual assault;
• Carers over involved in participating in medical tests, taking temperatures and measuring bodily fluids;
• Carers observed to be intensely involved with their children, never taking a much needed break nor allowing anyone else to undertake care for their child.

5.1.6 The Royal College of Paediatrics and Child Health (RCPCH) offer five examples across the spectrum of FII:
• Simple anxiety or over-interpretation of trivial symptoms;
• Child’s symptoms are misperceived, perpetuated or reinforced;
• Carer actively promotes sick role by exaggeration, fabrication or falsification;
• Carer suffers from a psychiatric illness;
• Child has a genuine and unrecognised medical problem.

5.1.7 The spectrum is presented in further detail in Appendix 1.

5.2 Management of FII

5.2.1 In some cases it will be Community Practitioners such as Health Visitors who begin
to have an early awareness or sense that a parent/carer’s behaviour (for example, over exaggeration of every ailment or constantly and repeatedly seeking advice) may be more than normal parental anxiety but the practitioner may have insufficient evidence to raise it as a fabricated/induced illness concern at that time. The Community Practitioner will share this information with the GP and/or Community / Acute Paediatrician so that it can inform the care and treatment of the child. This information will be shared in the knowledge that GP and/or Community / Acute Paediatrician will not pass these concerns onto the parent/carer.

5.2.2 A Practitioner concerned about a child’s health should discuss this as early as possible with the child’s GP and where relevant the child’s Paediatrician. Concerns regarding the possibility of FII must not be shared with Parents / carers as this may increase the risk to the child.

5.2.3 If intervention is required immediately due to concern about immediate harm to the child e.g. observed that medication / feeds tampered with in hospital, medical staff should call the Police using the ’999’ service.

5.2.4 The Practitioner should inform their line manager and seek support and advice from their Safeguarding Children Team/Lead. The Practitioner, with the support of the Safeguarding Professional, should start to prepare a chronology (appendix 2).

5.2.5 If at any time the Practitioner considers their concerns are not being taken seriously or responded to appropriately, s/he should discuss this with the Designated/Named Safeguarding Children professional. Concerns should be escalated in accordance with the 2018 SET Child Protection Procedures.

5.2.6 The Practitioner should record the concerns in the child’s health record so that other clinicians will have access to the information. Parent/Carer’s access to the record will need to be restricted.

5.2.7 With the support of their Safeguarding Lead, the Practitioner will arrange an initial Professionals Meeting to take place within 10 working days of initial identification of concerns. All health professionals involved in the child’s care and the Designated Professionals for Safeguarding Children should be invited. All invitees must prioritise attendance at this meeting even if it means rescheduling other appointments. If attendance of a professional is still not possible then a fully briefed substitute may attend. The substitute must be able to make decisions on behalf of the professional. All professionals must attend the meeting fully prepared and able to discuss their concerns.

5.2.8 The responsible Consultant Paediatrician will lead the meeting. In cases where the child is not under care of a Paediatrician the Designated Doctor will lead the meeting.

5.2.9 Where the consultant has reasonable cause to suspect that a child is suffering or likely to suffer significant harm a referral should be made to children’s social care. Discussions with a senior colleague in children’s social care may also be helpful in deciding whether and when a referral should be made.

5.2.10 A chronology template will be sent by the commissioning safeguarding children team to the practitioners to complete regarding their own involvement with the child (appendix 3). This must be completed within 10 working days to be shared at the initial professional’s meeting with the responsible Paediatrician, the Designated Doctor and any other relevant professional. It should be considered if a chronology is required on siblings / step siblings any other children who may be residing in the family home.

5.2.11 The responsible Paediatrician will arrange for a medical evaluation to take place if indicated.
5.2.12 If the child is not under the care of a paediatrician the GP will make a referral to an appropriate Consultant Paediatrician. This referral will be facilitated by Designated Doctor giving consideration to the need not to alert the parents/carer to the concern of the possibility of FII.

5.2.13 If a possible explanation for the signs and symptoms is that they may have been fabricated or induced by a parent/carer a referral should be made to Children’s Social Care following consultation with the Designated Doctor. The Police Child Abuse Investigation Team (CAIT) must be informed of any referral where FII is suspected as this may also involve the commission of a crime.

5.2.14 Whilst professionals should in general, discuss any concerns with the family and, where possible, seek agreement to making referrals to Children’s Social Care, this should only be done where such discussion and agreement-seeking will not place a child at increased risk of significant harm.

5.2.15 A second Professionals Meeting with Designated Doctor and all other involved healthcare professionals will be arranged by the responsible paediatrician for feedback of the outcome and any further action required in line with 2018 SET Child Protection Procedures.

5.2.16 A flowchart of the procedure can be found in appendix 2.

5.3 Considerations for Medical Evaluation

5.3.1 The signs and symptoms require careful medical evaluation for a range of possible diagnoses.

5.3.2 All tests and their results should be fully and accurately recorded, including those with a negative result. It is important that the child’s records are not tampered with or test results altered in the child’s notes.

5.3.3 If the child is not currently in hospital, consider whether a planned admission with careful observation would help to elucidate the clinical diagnosis.

5.3.4 Consider whether any immediate investigations or further opinions are likely to assist in the diagnosis.

5.3.5 Stop any harmful treatments or invasive procedures unless they are clearly indicated. It is unacceptable to cause a child further iatrogenic harm whilst the diagnosis of FII is being considered.

5.3.6 Do not wait to confirm the diagnosis before referring to children’s social care as delay may be detrimental to the child. Referral is indicated if there is a risk of immediate harm to the child through illness induction, or harm through the carer’s disagreement with the need for further observation or with paediatric consensus about the child’s state of health.

5.3.7 A chronology of health involvement from all health agencies should be prepared so as to provide comprehensive information and an overall picture. Where necessary a brief overview or chronology for siblings.

5.3.8 Concerns about the reasons for the child’s signs and symptoms should not be shared with parents if this information is likely to jeopardise the child’s safety.

5.4 RECORD KEEPING

5.4.1 Medical records should be kept in accordance with the Data protection Act 2018 and
the General Data Protection Regulations (GDPR). Practitioners should follow the principles of record keeping set out in guidance documents supplied by their Professional bodies.

5.4.2 Detailed, accurate and informative medical records are pivotal to the management of a suspected FII case.

5.4.3 If a child moves between clinical teams or between organisations, it is best practice for the notes to follow the child. This may not always be possible and so a clinical summary must accompany the child.

5.4.4 It is essential that the records include a health chronology of the child's medical presentation, including aspects which may indicate FII. It is crucial to record the source of information, e.g. whether a symptom or sign was independently observed by staff or reported by a carer.

5.4.5 If FII is suspected, requests by a child's carer to access their records under the Data Protection Act 2018 and the GDPR may be refused either because:

- The disclosure would be likely to cause serious harm to the physical or mental health or condition of the child;
- The child has provided the information in the expectation that it would not be disclosed to the carer;
- The data was obtained as a result of an examination or investigation to which the child consented in the expectation that the information would not be so disclosed;
- The child has expressly indicated that the information should not be so disclosed.

6 MONITORING COMPLIANCE

6.1 To ensure that safeguarding arrangements are satisfactorily monitored a review of the Section 11 audit should be undertaken annually.

6.2 An annual report on safeguarding children arrangements will be presented to the CCG Board.

7 STAFF TRAINING

7.1 State training requirements All staff who come into contact with children or their families should have a common awareness of child protection principles, including a basic understanding of FII. Those specialising in the care of children or families need additional training to ensure a higher level of awareness and understanding of FII.

7.2 The ultimate goal within training is to achieve better outcomes for children. Professionals should receive safeguarding children training and supervision in order to achieve the greatest possible sensitivity and specificity in diagnosis; to gain a full understanding of the procedures to follow if there is a concern in relation to FII; and to understand how to contribute effectively to that process.

7.3 An integral part of a health professional’s contract should underpin that Staff will need increased support and additional supervision in dealing with cases of suspected FII. It is therefore imperative that line management and professional supervision and mentorship arrangements are explicit so that staff know how to access additional support when it is needed. In addition, the facilitation of debriefing sessions can be helpful in providing support for all members of the team, and could be considered in a multi-agency perspective.
7.4 COVERT VIDEO SURVEILLANCE

7.4.1 Covert video surveillance (CVS) is governed by the Regulation of Investigatory Powers Act (2000). After a decision has been made at a multi-agency strategy discussion to use CVS in a case of suspected FII, the surveillance should be undertaken by the police.

7.4.2 The CVS operation should be controlled by the police, who should supply and install any equipment and be responsible for the security of and archiving of the video tapes.

7.4.3 CVS should only be used if there is no alternative way of obtaining information which will explain the child’s signs and symptoms, and the multi-agency strategy discussion meeting considers that its use is justified on the medical information available.

7.4.4 The safety and health of the child is the over-riding factor in the planning and carrying out of CVS and children’s social care should have a contingency plan in place which can be implemented immediately if CVS provides evidence that the child is being harmed.

8 ARRANGEMENTS FOR REVIEW

8.1 This policy will be reviewed no less frequently than every two years. An earlier review will be carried out in the event of any relevant changes in legislation, national or local policy/guidance.

8.2 If only minor changes are required, the sponsoring Committee has authority to make these changes without referral to the CCG Board. If more significant or substantial changes are required, the policy will need to be ratified by the relevant committee before final approval by the CCG Board.

9 ASSOCIATED DOCUMENTATION

9.1 This guidance is to be used in conjunction with:

- Working Together to Safeguard Children 2018  http://www.workingtogetheronline.co.uk/index.html
- NICE clinical guideline 89  When to suspect child maltreatment  http://www.nice.org.uk/nicemedia/pdf/CG89NICEGuideline.pdf
- Royal College of General Practitioners
- HM Government 2008 Safeguarding Children In Whom Illness Is Fabricated or Induced
- NHS South Essex Safeguarding Children Policy Commissioning Services 2012
and other national and local safeguarding guidance/procedures as they are produced.

10 REFERENCES


10.5 Children Act 1989

10.6 Children Act 2004

10.7 Working Together to Safeguard Children 2018
http://www.workingtogetheronline.co.uk/index.html

10.8 Data Protection Act 2018

11 LIST OF STAKEHOLDERS CONSULTED

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<th>Were Comments incorporated into Policy?</th>
<th>If no, why not?</th>
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<tr>
<td>April 2019</td>
<td>Jane Foster Taylor</td>
<td>Chief Nurse NHS Thurrock CCG</td>
<td>Yes</td>
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<tr>
<td>April 2019</td>
<td>Matt Rangue</td>
<td>Chief Nurse NHS Basildon &amp; Brentwood (BB) CCG</td>
<td>No</td>
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<tr>
<td>April 2019</td>
<td>Yvonne Anarfi,</td>
<td>Designated Nurse Safeguarding Children</td>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>April 2019</td>
<td>Dr Puvanendran</td>
<td>Designated Doctor</td>
<td>Yes</td>
<td></td>
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<tr>
<td>April 2019</td>
<td>Paula Gregory</td>
<td>Designated Nurse Looked After</td>
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<td>Named Doctor BTUH</td>
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<td>Jacquie Baguley</td>
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<td>Miranda Tapfumanel</td>
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<td>Alison Balaam-Smith</td>
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<td>April 2019</td>
<td>Jenny Harris</td>
<td>Named Nurse Safeguarding Children NELFT</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>April 2019</td>
<td>Sophia Deer</td>
<td>Named Nurse Safeguarding Children Virgin Health Care</td>
<td>No</td>
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</tr>
</tbody>
</table>

12 Results of Equality Impact Assessment

12.1 NHS Thurrock CCG is committed to carrying out a systematic review of all its existing and proposed policies to determine whether there are any quality implications.

12.2 The EIA has identified no equality issues with this policy.

12.3 The EIA has been included as Appendix A.

12 Change History:

<table>
<thead>
<tr>
<th>Date</th>
<th>Version</th>
<th>Author</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 2014</td>
<td>001</td>
<td>Designated Professionals Safeguarding Children</td>
<td>Updated Policy</td>
</tr>
<tr>
<td>February 2019</td>
<td>002</td>
<td>Designated Professionals Safeguarding Children</td>
<td>Updated Policy</td>
</tr>
<tr>
<td>July 2019</td>
<td>3.0</td>
<td>Designated Professionals Safeguarding Children</td>
<td>Final Board approved version.</td>
</tr>
</tbody>
</table>
### Equality Impact Assessment

To be completed and attached to any policy/procedural document when submitted to the appropriate committee for consideration and approval.

<table>
<thead>
<tr>
<th></th>
<th>Yes/No</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the policy/guidance affect one group less or more favourably than another on the basis of:</td>
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<tr>
<td></td>
<td>Race</td>
<td>No</td>
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<td></td>
<td>Ethnic origins (including gypsies and travellers)</td>
<td>No</td>
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<td></td>
<td>Nationality</td>
<td>No</td>
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<td></td>
<td>Gender</td>
<td>No</td>
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<tr>
<td></td>
<td>Culture</td>
<td>No</td>
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<tr>
<td></td>
<td>Religion or belief</td>
<td>No</td>
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<tr>
<td></td>
<td>Sexual orientation including lesbian, gay and bisexual people</td>
<td>No</td>
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<tr>
<td></td>
<td>Age</td>
<td>No</td>
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<tr>
<td></td>
<td>Disability - learning disabilities, physical disability, sensory impairment and mental health problems</td>
<td>No</td>
</tr>
<tr>
<td>2. Is there any evidence that some groups are affected differently?</td>
<td>No</td>
<td></td>
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<tr>
<td>3. If you have identified potential discrimination, are any exceptions valid, legal and/or justifiable?</td>
<td>N/A</td>
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<tr>
<td>4. Is the impact of the policy/guidance likely to be negative?</td>
<td>No</td>
<td></td>
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<tr>
<td>5. If so can the impact be avoided?</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td>6. What alternatives are there to achieving the policy/guidance without the impact?</td>
<td>N/A</td>
<td></td>
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<tr>
<td>7. Can we reduce the impact by taking different action?</td>
<td>N/A</td>
<td></td>
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</tbody>
</table>
### Spectrum of cases where FII concerns may arise (RCPCH, 2006)

#### Starting point:
A child is presented for medical attention, possibly repeatedly, with symptoms or signs suggesting significant illness; an appropriate clinical assessment suggests that the child’s illness is not adequately explained by any disease.

<table>
<thead>
<tr>
<th>Example 1</th>
<th>Example 2</th>
<th>Example 3</th>
<th>Example 4</th>
<th>Example 5</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Type of presentation</strong></td>
<td><strong>Underlying factors</strong></td>
<td><strong>Carer’s insight</strong></td>
<td></td>
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</tr>
<tr>
<td>Simple anxiety, lack of knowledge about illness, over interpretation of normal or trivial features of childhood; may in some cases be associated with depressive illness in carer</td>
<td>Carer’s need to consult a doctor may be affected by inability to cope with other personal or social stresses, such as mental health issues</td>
<td>It is usually possible to reassure carer although they are likely to present again in the future</td>
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<tr>
<td>Child’s symptoms are misperceived, perpetuated or reinforced by the carer’s behaviour; carer may genuinely believe the child is ill or may have fixed beliefs about illness</td>
<td>‘Illness’ may be serving a function for carer, and subsequently for an older child too (secondary gains)</td>
<td>Difficult to reassure carer; carer and professionals may not agree on the cause of symptoms and/or the need to consult or</td>
<td></td>
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<tr>
<td>Carer actively promotes sick role by exaggeration, non-treatment of real problems, fabrication or falsification of signs, and/or induction of illness (sometimes referred to as ‘true’ FII)</td>
<td>There may be a history of frequent use of, or dependence on, health services; carer may have personality disorder or the child’s illness may be serving a purpose for the carer</td>
<td>It is not possible to reassure carer; carer’s objectives are diametrically opposed to those of professionals</td>
<td></td>
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<tr>
<td>Carer suffers from psychiatric illness (e.g. delusional disorder) which leads them to believe child is ill</td>
<td>Carers mental health problems</td>
<td>Carer lacks insight into their involvement in the child’s supposed illness</td>
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<tr>
<td>Unrecognised genuine medical problem becomes apparent after initial concern about FII</td>
<td></td>
<td>Carer’s ‘illness behaviour’ will usually be inappropriate for the signs displayed by child, although any child</td>
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<td>Level of risk</td>
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<tr>
<td>Seldom reaches threshold of significant harm</td>
<td>May be disabling for the child; often some risk of significant harm, including emotional or educational harm, or social isolation</td>
<td>High risk of harm; always some resultant harm, often severe</td>
<td>May be risk of harm</td>
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<tr>
<td>Iatrogenic harm</td>
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<tr>
<td>Possible iatrogenic harm</td>
<td>Significant risk of iatrogenic harm</td>
<td>Very high risk of iatrogenic harm</td>
<td>Usually low risk of iatrogenic harm</td>
<td>See above</td>
</tr>
</tbody>
</table>

**Management**

|  |  |  |  |
| Discuss carer’s concerns openly; manage case primarily by reassurance; try to address any wider needs of carer | Discussion with carer may need to be handled very sensitively; if in doubt discuss with appropriate colleague; firm reassurance will be needed; avoid iatrogenic harm by not conducting further unnecessary investigations and treatments; multiagency assessment may be needed to gain an understanding of what underpins carer’s behaviour; child protection referral may be indicated | Local Safeguarding Children Board procedures apply; take immediate steps to reduce iatrogenic harm if possible; do not disclose concerns to carer(s) without first discussing the case with the safeguarding team | Discuss with carer whether they feel that they have any mental health needs and how these might be addressed; consider discussing with GP or other relevant professional 9bearing in mind the constraints of confidentiality); take steps to address carer’s mental health needs; child may be a ‘child in need’ (Section 17, Children Act 1989) | Consult widely with colleagues if a ‘false positive’ child abuse diagnosis seems likely; if safeguarding procedures already activated, request immediate strategy discussion and discuss situation with carers without delay; the possibility of ‘false positive’ child abuse diagnosis must always be considered; the child’s clinical progress should always be monitored in case genuine illness has been missed |
Policy for the Management of Cases where Fabricated or Induced Illness is a Concern

Flowchart for Health Professionals where Fabricated/Induced Illness is suspected

Practitioner becomes concerned that the child’s signs, symptoms of illness and/or management are suspicious of fabricated/induced illness

1. Practitioner has an initial discussion with GP and/or Paediatrician
2. Informs line manager
3. Seeks support and advice from Safeguarding Children Team/Lead
4. Prepares chronology of their involvement with child

With the support of their safeguarding lead the Practitioner arranges an initial Professionals Meeting with all health professionals involved in the child’s care and Designated Professionals Safeguarding Children 10 working days. The responsible paediatrician will lead the meeting. If child not under care of a paediatrician the Designated Doctor will lead the meeting. Chronology template given to professionals to complete regarding their own involvement with child within 10 working days

Responsible paediatrician takes case forward and completes a medical report

If no paediatrician involved, GP completes a medical report and refers child to appropriate Consultant Paediatrician facilitated by Designated Doctor

Medical evaluation led by Paediatrician consulting Designated Doctor as appropriate.

Explanation for signs, symptoms and management. No concerns regarding FII —clinical treatment provided; refer to other services if necessary

Suspicion of Fabricated/Induced Illness
Designated Doctor or responsible Paediatrician to initiate referral to children’s social care/police

Follow SET Child Protection Procedures

POINTS TO
During the process of following this pathway do not share your concerns with the parents/carers

If at any time there are concerns about the child’s immediate safety refer to children’s social care and police

If at any time practitioners are concerned about the progress of case they must seek supervision and use the escalation procedure detailed in policy

Caution: specialist advice and tests should be sought taking care to avoid iatrogenic harm

Second Professionals Meeting with Designated Doctor and all other involved health care professionals for feedback and agree plan of action
## APPENDIX D Sample of Chronology Template

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>SOURCE OF INFORMATION</th>
<th>SIGNIFICANT EVENTS OR INCIDENTS (E.G. SEPARATION / MOVES / CHANGES)</th>
<th>DEVELOPMENT INCLUDING ILLNESS / INJURIES</th>
<th>WAS THE CHILD SEEN? IF YES, VIEWS OF THE CHILD</th>
<th>RESPONSE / ACTION INCLUDING REGISTER ENQUIRY</th>
<th>AUTHOR COMMENT</th>
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