

Prescribing of silicone sheets and gels for the treatment of hypertrophic and keloid scars

Thurrock and Basildon and Brentwood CCG do not support the prescribing of silicone sheets and gels for routine treatment of hypertrophic and keloid scars.

A variety of silicone gels, sprays and sheets are available on prescription and listed in the Drug Tariff as medical devices (please see list of items detailed below). There is weak evidence of the benefit of silicone gels and sheets for the treatment, or prevention of hypertrophic and keloid scarring. Therefore, prescribing of silicone sheets and gels is not routinely recommended, including for post surgery prevention of hypertrophic and keloid scars. Silicone gels and sheets are available to purchase if patients wish to use these products.

Prescribing may be considered in the following circumstances:

- The treatment is for hypertrophic or keloid scars that result from burns, trauma or from surgery, **and** only when one of the following criteria is met:
 - the scar is functionally disabling/impacts severely on physical function (due to significant pain or pruritus, or due to obstruction of vision or orifice)
 - or the scar results in facial disfigurement

Providers commissioned to provide services on behalf of Thurrock CCG and Basildon and Brentwood CCG are reminded that they are required to follow the local joint formulary and prescribing guidance, or relevant Medicines Management agreement.

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Acknowledgements	N/A
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Author	Medicines Management Team
Approved by	Basildon and Brentwood CCG: Prescribing Subgroup, Patient Quality and Safety Committee, Board Thurrock CCG: Medicines Management and Safety Group, Patient Quality and Safety Committee, Transformation and Sustainability Committee, Board
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