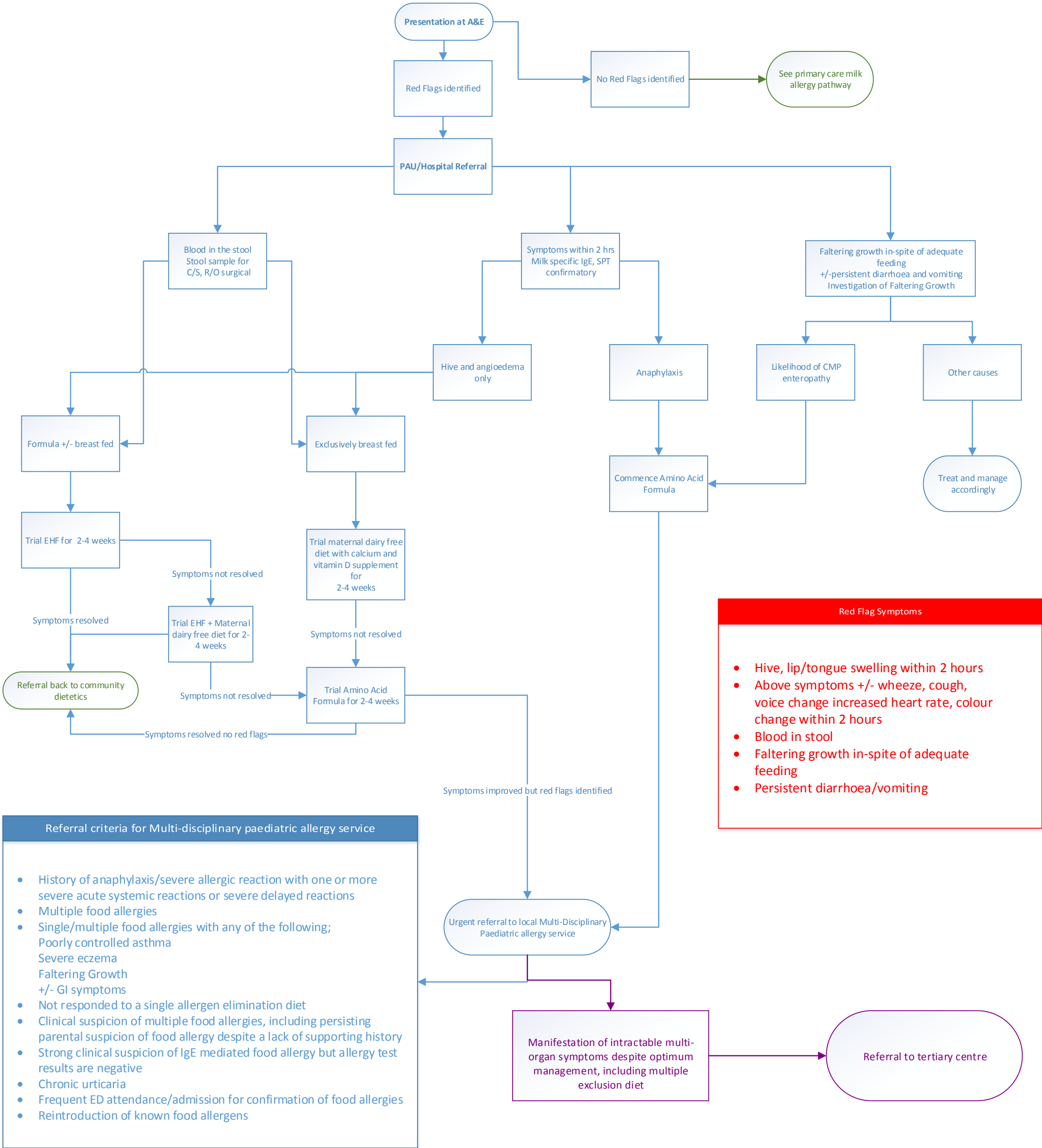


# Secondary Care Milk Allergy Pathway



- Red Flag Symptoms

  - Hive, lip/tongue swelling within 2 hours
  - Above symptoms +/- wheeze, cough, voice change increased heart rate, colour change within 2 hours
  - Blood in stool
  - Faltering growth in spite of adequate feeding
  - Persistent diarrhoea/vomiting

- Referral criteria for Multi-disciplinary paediatric allergy service

  - History of anaphylaxis/severe allergic reaction with one or more severe acute systemic reactions or severe delayed reactions
  - Multiple food allergies
  - Single/multiple food allergies with any of the following; Poorly controlled asthma  
Severe eczema  
Faltering Growth +/- GI symptoms
  - Not responded to a single allergen elimination diet
  - Clinical suspicion of multiple food allergies, including persisting parental suspicion of food allergy despite a lack of supporting history
  - Strong clinical suspicion of IgE mediated food allergy but allergy test results are negative
  - Chronic urticaria
  - Frequent ED attendance/admission for confirmation of food allergies
  - Reintroduction of known food allergens