

Prescribing of silicone sheets and gels for the treatment of hypertrophic and keloid scars

Thurrock CCG and Basildon and Brentwood CCG do not support the prescribing of silicone sheets and gels for routine treatment of hypertrophic and keloid scars.

A variety of silicone gels, sprays and sheets are available on prescription and listed in the Drug Tariff as medical devices (please see list of items detailed below). There is weak evidence of the benefit of silicone gels and sheets for the treatment, or prevention of hypertrophic and keloid scarring. Therefore, prescribing of silicone sheets and gels is not routinely recommended, including for post surgery prevention of hypertrophic and keloid scars. Silicone gels and sheets are available to purchase if patients wish to use these products.

Prescribing may be considered in the following circumstances:

- The treatment is for hypertrophic or keloid scars that result from burns, trauma or from surgery, **and** only when one of the following criteria is met:
 - the scar is functionally disabling/impacts severely on physical function (due to significant pain or pruritus, or due to obstruction of vision or orifice)
 - or the scar results in facial disfigurement.

Providers commissioned to provide services on behalf of Thurrock CCG and Basildon and Brentwood CCG are reminded that they are required to follow the local joint formulary and prescribing guidance, or relevant Medicines Management agreement.

Position Statement No.	38
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References	PrescQIPP, B161, February 2017, Wound Care – Silicone scar treatments
Acknowledgements	N/A
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Author	Medicines Management Team
Approved by	Basildon and Brentwood CCG: Prescribing Subgroup, Patient Quality and Safety Committee, Board Thurrock CCG: Medicines Management and Safety Group, Patient Quality and Safety Committee, Transformation and Sustainability Committee, Board
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Silicone dressings not routinely recommended for GP prescribing:

Silicone Gel Sheet	Silicone Topical Cream and Gel
Advasil Conform	Bapscarcare
Bapscarcare S	Bapscarcare Gel SPF
Bapscarcare T	Ciltech gel
Cica-Care	Dermatix
Ciltech	Kelo-cote gel
Dermatix Clear	Kelo-cote spray
Dermatix Fabric	Kelo-cote UV
Mepiform	NewGel+E
NewGel+	Nourisil MD
Oleeva Fabric	Pro-Sil gel
Scar Fx	ScarSil gel
Silgel	SilDerm Dual Action Scar Gel
	SilDerm Scar Gel
	SilDerm Scar Spray
	Silgel STC-SE (gel)