

Primary Care Prescribing Summary - 1st and 2nd line choices

BNF chapter/section	Drug Group	1 st line choices	2 nd line choices
Chapter 9 Nutrition and blood			
9.1.1	Oral iron	Ferrous fumarate (ferrous fumarate 210mg (68mg iron) and dried ferrous sulphate 20mmg (65mg iron) considered interchangeable)	
9.1.2	Drugs used in megaloblastic anaemia	Folate deficiency anaemia: folic acid. Vitamin B12 deficiency: hydroxocobalamin.	
9.4	Oral nutrition	Please refer to Guidelines for the appropriate use of oral nutritional supplements (ONS) in primary care	
9.6.4	Vitamin D (with calcium)	Calceos tablets chewable (calcium carbonate 1.25g and colecalciferol 10mcg (400units) per tablet)	Higher dose vitamin D preparations may be needed for the treatment of deficiency/insufficiency-please refer to local vitamin D guidelines.