

Primary Care Prescribing Summary - 1st and 2nd line choices

BNF chapter/section	Drug Group	1 st line choices	2 nd line choices
Chapter 7 Obstetrics, gynaecology, and urinary-tract disorders			
7.2.1	Preparations for vaginal and vulval changes	Estriol 0.01% (Gynest [®]) intravaginal cream. Estriol 500mcg (Ortho-Gynest [®]) pessaries.	Estriol 0.1% (Ovestin [®]) intravaginal cream
7.2.2	Vaginal and vulval infections	Clotrimazole 500mg pessary plus clotrimazole 1% cream	Oral fluconazole 150mg if treatment failure
7.3.1	Combined hormonal contraceptives: prescribe by brand name		
Type of preparation		Formulary brand name	
Monophasic low strength		Loestrin 20 [®] . Gedarel [®] 20/150 (same active ingredients as Mercilon [®]).	
Monophasic standard strength		Rigevidon [®] (same active ingredients as Microgynon 30 [®] , Levest [®] and Ovranette [®]). Gedarel [®] 30/150 (same active ingredients as Marvelon [®]). Millinette [®] 30/75 (same active ingredients as Femodene [®] and Katya 30/75 [®]).	
7.3.2.1	Oral progestogen-only contraceptives	Micronor [®]	Desogestrel (as the brand name Zellesta [®] or Nacrez [®])
7.3.2.2	Parenteral progestogen-only contraceptives	Depo-Provera [®] injection	Nexplanon [®] implant
7.3.2.2	Intra-uterine progestogen-only device	Mirena [®]	
7.3.5	Emergency contraception	Levonorgestrel (as the brand name Levonelle [®] 1500). Do not prescribe as Levonelle [®] One Step, as it is significantly more costly.	Ulipristal acetate (ellaOne [®]). Emergency contraceptive from 72-120 hours post unprotected intercourse.
7.4.1	Drugs for urinary retention	Tamsulosin MR-prescribe as capsules (not tablets)	
7.4.2	Drugs for urinary frequency, enuresis, and incontinence	Oxybutynin immediate release tablets (not suitable for frail older women). Ditropan [®] (oxybutynin) 2.5mg/5ml elixir if patient unable to swallow tablets.	Tolterodine immediate release tablets. Darifenacin (Emselex [®]) modified release tablets-3 rd line. Mirabegron (Betmiga [®]) sustained release tablets-4 th line, unless there is a contra-indication to antimuscarinic agents.
7.4.5	Drugs for erectile dysfunction	Sildenafil (prescribe generically)	