

# Independent Health Complaints Advocacy Service



If you want to make a complaint about any NHS service, confidential, free, and independent support is available to you.

Our advocates can give you one-to-one support throughout the NHS complaints process.

Call our Advocacy Helpline on: 0300 456 2370

Find out more about how  
POhWER can support you:



telephone - 0300 456 2370



[www.pohwer.net](http://www.pohwer.net)

The next Drop In will be:

**Tuesday 4<sup>th</sup> December, 10am - 12pm**

**At: Chadwell Information Centre  
Library**

**Brentwood Rd, Chadwell St Mary,  
RM16 4JP**

The next Drop In will be

**Tuesday 8<sup>TH</sup> January 2019, 10am - 12pm**