

East of England
Cancer Alliance



NHS

Luton & Thurrock Clinical Commissioning Groups
Basildon and Thurrock University Hospitals NHS Foundation Trust
Luton and Dunstable University Hospitals NHS Foundation Trust
Mid and South Essex STP
Bedfordshire, Luton and Milton Keynes STP

Target Lung Health Check Programme

Commissioning Reference Group Update

19 January 2021

healthwatch

Thurrock and Luton





Reminder about the Lung Health Checks

People in the selected areas who are aged 55 to 74 with a smoking history (current smoker or ex-smoker) will be invited to attend a lung health check by the programme team, via their GP's headed paper..

The health check will be conducted by a lung specialist nurse and will involve discussion around lung cancer symptoms, to assess your lifestyle and health.

The results of this will then be used to calculate a person's individual lung cancer risk. Anyone at high risk of lung cancer will be invited to have a low-dose CT scan.





Progress

- 980 patients were invited in November/December 2020 to take up a lung health check
- We began with practices in Grays Primary Care Network
- 403 people took part in a virtual lung health check.
- 140 had a CT scan
- 10 people were referred for further diagnostics for suspected cancers
- 25 people will be asked to return for further monitoring





A pause

We have had to temporarily pause our programme to allow staff to support the management of the health and care system during the COVID pandemic.

When pressures start to recede we will be able to recommence.

All participants invited to have their checks will be re-contacted to take part.

All participants who had had a lung health check and were eligible for a scan will be contacted when the programme restarts.

