

East of England
Cancer Alliance



NHS

Luton & Thurrock Clinical Commissioning Groups
Basildon and Thurrock University Hospitals NHS Foundation Trust
Luton and Dunstable University Hospitals NHS Foundation Trust
Mid and South Essex STP
Bedfordshire, Luton and Milton Keynes STP

Target Lung Health Check Programme

Commissioning Reference Group Update

19 November 2019

healthwatch

Thurrock and Luton





Reminder about the Lung Health Checks

People in the selected areas who are aged 55 to 74 with a smoking history (current smoker or ex-smoker) will be invited to attend a lung health check by the programme team, via their GP's headed paper..

The health check will be conducted by a lung specialist nurse and will involve discussion around lung cancer symptoms, a breathing test (spirometry) and smoking cessation advice (as appropriate). The results of this will then be used to calculate a person's individual lung cancer risk. Anyone at high risk of lung cancer will be invited to have a low-dose CT scan.



Events in Thurrock in October – Mega Lungs



Over 200 people visited the stand in Civic Hall and Asda Tilbury





Progress

- Lung Health Checks mobile units have been identified – Cobalt Siemens – In place by Jan 2020
- Working with GP practices in Thurrock to identify a ‘test’ practice early Jan 2020
- Working with community and hospital providers to get in place respiratory nurses for the lung checks before CT Scan.
- A new website launched

www.lutonandthurrocklunghealthcheck.nhs.uk





What can you do?



- We know that there are many more people who smoke in Thurrock or have smoked and do not tell their GP.
- Encourage people with any smoking history, who will be in the age group for screening to tell their GP practice now. This is important as we don't want them to miss out on the opportunity for screening.
- Remember 72% of lung cancers are attributable to smoking¹, so it's really important to be open about your smoking history. 1) <https://www.roycastle.org/help-and-support/stop-smoking/smoking-and-lung-cancer/>



Thank You For Listening

