

Learning Disabilities

Health Checks Update

19th March 2019

LD Health Checks

- People with a Learning Disability often have poorer physical & mental health than others.
- Annual Health Checks can identify undetected health conditions early to ensure the right plans are in place through the development of a Health Action Plan.
- Annual health checks are an opportunity to have the time with a clinician in general practice to talk about any good things as well as worries or concerns about how people feel.
- People with LD 14 years and above are entitled to an annual health check.

LD Health Checks Media Campaign

- The CCG has been utilising social media to increase awareness of LD health checks.

 NHS Thurrock Clinical Commissioning Group ...
6 March at 10:30 · 🌐

Get the very best health care by telling your doctor you have a **#learningdisability** <http://bit.ly/2o4Efzt> **#dontmissout** **#LDhealthcheck**




[MENCAP.ORG.UK](http://www.mencap.org.uk)
Don't Miss Out
If you have a learning disability you can get extra support...

[About This Website](#)

 NHS Thurrock Clinical Commissioning Group ...
19 February at 11:30 · 🌐

Are you a parent or carer for someone with a **#learningdisability**, and do you know about the annual **#LDHealthchecks**? This can be done at your local GP surgery, or at the Thurrock Health Hubs in the evenings and weekends. Click here to find out more: <https://www.mencap.org.uk/advice-and-support/health/dont-miss-out/dont-miss-out-annual-health-checks>



Care for someone with a learning disability?

 NHS Thurrock Clinical Commissioning Group ...
25 February at 19:30 · 🌐

If you join the GP learning disability register you can have a free health check. Hear from those who have <https://youtu.be/z8407Uzys3E> **#LDhealthcheck**



Being on the Doctors learning disability register will help you get the best healthcare.

👍 2 1 Comment 10 shares

[Like](#) [Comment](#) [Share](#)

Vision Statement: The Health and care experience of the people of Thurrock will be improved as a result of our working effectively together.

LD Health Checks Campaign

- Collective reach across all social media platforms of about ~8000 people
- Shared posts by professionals and recognised charities such as Mencap
- We have worked with:
 - Thurrock Healthy Lifestyle Solutions;
 - CaPa Thurrock;
 - National Autistic Society Thurrock Branch
 - Special Schools

LD Health Checks Register

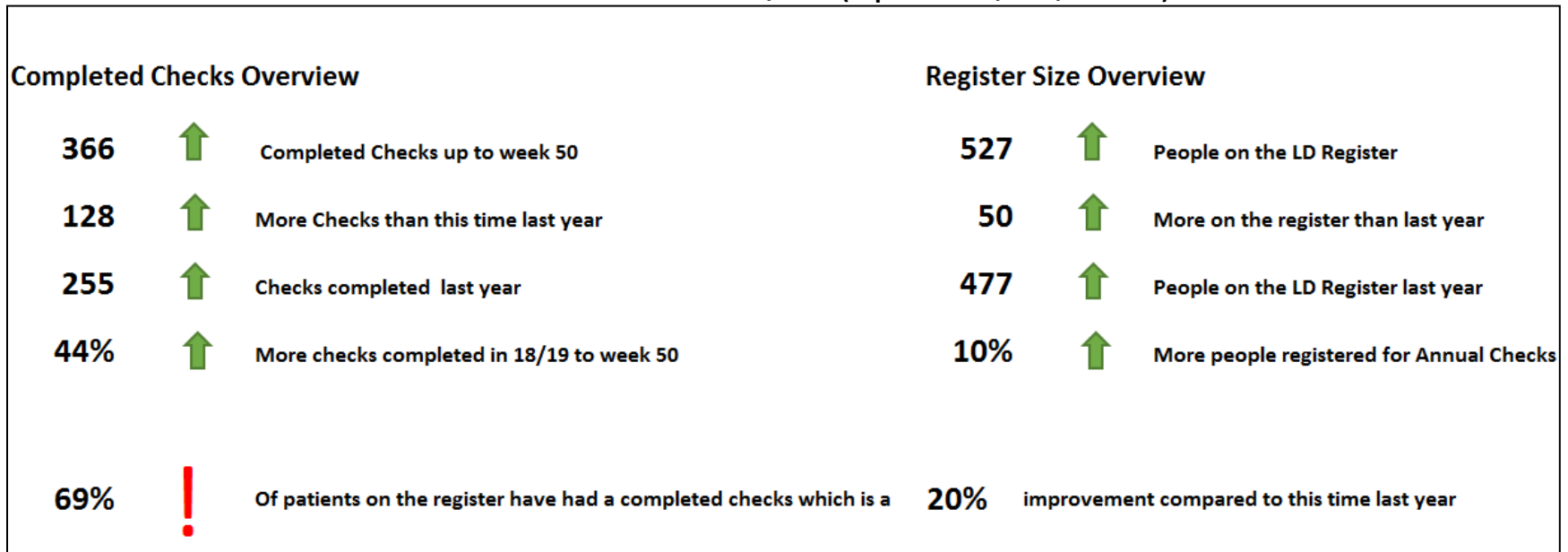
- The Thurrock Register size for LD as at end of February 2019 is 527 people;
- This year the register has increased by 50 people
- We will be working to ensure that the right people are identified on the registers;
- Designated Clinical Officer and the CCG continue to work with partners to improve this.

LD Health Checks Delivery

- The Thurrock GP Health Hubs have been offering clinics to deliver LD health checks;
- Clinic dates available in March and April 2019;
- Book appointment via the normal GP practice.

LD Health Checks

As at week 49 of 2018/19 (up to 03/03/2019)



Vision Statement: The Health and care experience of the people of Thurrock will be improved as a result of our working effectively together.

LD Health Checks Next Steps

- Develop a local video with service users to promote LD health checks which may be used as a social story and to bust myths of going to the GP.
- Work collaboratively with partners to continue to improve identification of service users with LD in order to maximise the opportunities for health checks but also improve outcomes across the system.

Learning Disabilities

- LD Health Checks is a part of a wider project dedicated to improving outcomes for those with a Learning Disability.
- Other work streams include (but not limited to):
 - Stopping the over medicating of people with LD and/or Autism;
 - Multiple Needs Pathways;
 - Transition pathways.

Learning Disabilities

- NHS Thurrock CCG Commissioning Manager

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