

Medicines Optimisation Update

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By

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Items which should not be routinely prescribed in primary care

- Aliskeren
- Amiodarone
- Dronedarone
- Minocycline
- Silk garments
- Shower and bath products
- Needles for insulin pens
- Rubefacients (excluding NSAIDs and capsacin)

Prescribing of Controlled Drugs

- These are not the pain killer of choice for most types of pain but do have a place.
- Thurrock has the lowest prescribing rates in the STP (84 items per 1000 patients, other CCGs are between 93 and 103)
- A service has been set up to provide Pharmacist advice and IAPT support to patients who want to try alternatives