

Commissioning Reference Group  
18 September 2014  
The Beehive Grays

<b>Present:</b>	<b>Name</b>	<b>Organisation</b>
	Len Green (LJG)	Chair of the CRG Lay Member PPI
	Christine Celentano	Business Manager – Thurrock CG
	Lisa Barber	Thurrock Health Centre
	Maureen Cushing	Hassengate Medical Centre PPG
	Jo Harvey	SEEDS
	W. Little	Stifford Clays Health Centre PPG
	Kevin Brice	SCHC PPG
	Alan Hudson	SCMC PPG
	Reg Sweeting	Pear Tree Surgery
	Dr Anjan Bose	The Tilbury Surgery
	S Andrews	Chafford Medical Centre
	Cllr Y Gupta	Balfour Clinic
	Tony Davies	East Tilbury & Corringham PPG
	June Chapman	Chadwell Forum
	Roger Passfield	West Thurrock Forum
	Terry Brown	TORR Community Forum
	Alison Pettiit	Dr Colburn/Together For mental Health
	Dr Ambikapathy	Neera Federation Centre
	Bryan Vanderpeer	Thurrock Diabetes UK Group/Dr Mukhopadhyay
	Joy Joses	Thurrock CCG

<b>Apologies:</b>		
	Graham Carey	
	Terry Bradfield	
	Olga Benson	
	Jackie Sparrowham	
	Christine Hamilton	
	Dr Grewal Kim James	

<b>1. Welcome &amp; Apologies</b>	<p>LJG introduced himself to the group as Lay Member and Deputy Chair of Thurrock CCG. Introductions were also made around the room.</p> <p>Conflicts of interests – LJG asked if there were any conflicts of interest none were declared.</p> <p>Minutes from previous minutes were previously circulated and one amendment was given and the minutes were agreed with the one amendment. Tilbury 1/3 not 2/3 and it is East Tilbury</p> <p>LJG wanted to the group to know that this was the poorest attendance since the start of CRG meetings back in 2012 and the group needed to spread the word.</p>
<b>2. Vitamin D – Dr Anjan Bose</b>	<p>Dr Bose gave a very through presentation on the vitamin D needs of the human body.</p> <p>The Chair informed the group that the presentation would be circulated and put on the CCG web site.</p> <p>Dr Bose explained that it is a very easy Vitamin to obtain and a small blood test can be a good way of finding out if you are deficient or not.</p> <p>The group asked if you are healthy would this mean you are deficient</p> <p>Dr Bose replied that there are a lot of signs that would lead you to believe you could be deficient and to help you could eat oily fish and take cod liver oil.</p> <p>The Chair thanked Dr Bose for a very good and interesting presentation.</p>

<b>3.</b>	<b>SEEDS – Jo Harvey</b>
	<p>Jo was asked to attend to outline what the SEEDS business brought to the Thurrock CCG and inform patient groups how it operates.</p> <p>Jo explained that It was a patient out of hours service( OOH) which started in 1997  There are currently` 15 surgeries in Thurrock that subscribe to this service.  All other surgeries would have OOH services through the NHS E 111 service  The service includes Bank Holidays and Xmas  It operated out of two centres one at BTUH and one at Long Land Grays</p> <p>Jo advised the group that SEEDS work very closely with the CCGs to deliver a good OOH service.</p> <p>There is a very low level staff turnaround which helps to keep the service consistent</p> <p>SEEDS website have all relevant data and information</p> <p>Jo was asked to identify what practices belonged to this service.</p> <p>The Chair thanked Jo for her talk on the SEEDS service.</p>
<b>4.</b>	<b>Walk in Centre – Rachel Halksworth</b>
	<p>RH presented her data and findings on the elements of the walk in centre and asked the group for their feedback</p> <p>Presentation to be circulated</p> <p>Three tables were convened and questions and answers were taken. RH will collate and feedback to the group.</p>
<b>5.</b>	<b>A.O.B.</b>
	<p>The Chair updated the Group on the CCG's AGM plus other items of interest Stroke, the letter from Southend Hospital, Better Care Fund changes, and answered questions from the group regarding the CCG's conditions and directions and the use of Botox for stroke patients.</p>
	<p><b>Next meeting scheduled 20th November 2014 1300 to 1530 Beehive Centre</b></p>