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Dear

Prescribing of infant formula for lactose intolerance and reflux

The CCG prescribing guidelines for specialist infant formula have been updated in January 2017.

Because there are now products available to purchase in supermarkets for lactose intolerance and gastro-oesophageal reflux disease (GORD) at very similar prices to regular formula, we are asking GPs NOT to prescribe for these conditions.

Details of the formula to stop and products for purchase are in the table below:

Lactose intolerance	
Stop prescribing	For purchase instead
SMA LF [®]	Cow & Gate [®] Comfort
Enfamil O-Lac [®]	Aptamil [®] Lactose free
GORD	
Stop prescribing	For purchase instead
SMA Staydown [®]	Cow & Gate [®] Anti-reflux
Enfamil AR [®]	Aptamil [®] Anti-reflux
	SMA Staydown [®]

ScriptSwitch messages will shortly be in place to remind prescribers of these changes.

Please refer to the full guideline, which is available on the CCG website, for further details or contact the Medicines Optimisation Team for advice on 01375 365811.

Kind regards

Denise Rabbette

Head of Medicines Optimisation

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