

Prescribing of Molludab[®] for molluscum contagiosum is not supported

Thurrock CCG and Basildon and Brentwood CCG do not support the prescribing of Molludab[®] for molluscum contagiosum, a viral skin infection caused by the molluscum contagiosum virus (MCV).

Molluscum contagiosum is a self-limiting viral skin infection. The NHS Clinical Knowledge Summaries (CKS)¹ scenario states that treatment of molluscum contagiosum is **not usually recommended**.

Advice for self care:

- Reassure people that molluscum contagiosum is a self-limiting condition. Spontaneous resolution usually occurs within 18 months.
- Explain that lesions are contagious, and it is sensible to avoid sharing towels, clothing, and baths with uninfected people (e.g. siblings).
- Encourage people not to scratch the lesions. If it is problematic, consider treatment to alleviate the itch.
- Exclusion from school, gym, or swimming is not necessary.

Treatment is usually only recommended for older children and adults in cases where the spots are particularly unsightly and affect quality of life. However, Molludab[®] is available for 'over the counter' (OTC) purchase for these purposes, and should not be prescribed.

Providers commissioned to provide services on behalf of Thurrock CCG and Basildon and Brentwood CCG are reminded that they are required to follow the local joint formulary and prescribing guidance, or relevant Medicines Management agreement.

Position Statement No.	23
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References	¹ NHS Clinical Knowledge Summaries (CKS) scenario for Molluscum contagiosum https://cks.nice.org.uk/molluscum-contagiosum#!scenario
Acknowledgements	Mid Essex CCG
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