

### Primary Care Prescribing Summary - 1<sup>st</sup> and 2<sup>nd</sup> line choices

BNF chapter/section	Drug Group	1 <sup>st</sup> line choices	2 <sup>nd</sup> line choices
<b>Chapter 10 Musculoskeletal and joint diseases</b>			
10.1.1	Non-steroidal anti-inflammatory drugs	Ibuprofen. Naproxen (prescribe as standard tablets, ec tablets are not recommended).	
10.1.2	Corticosteroids	Prednisolone (prescribe as standard tablets, ec tablets are not recommended)	Local injections?
10.1.3	Drugs that suppress the rheumatic disease process	Specialist initiation/recommendation	
10.1.4	Gout and cytotoxic-induced hyperuricaemia	Acute attacks of gout: colchicine. Prophylaxis: allopurinol.	Febuxostat is an option when allopurinol is not tolerated at an effective dose or for whom allopurinol is contra-indicated.
10.2.2	Skeletal muscle relaxants	Baclofen	Diazepam
10.3.2	Topical NSAIDs, capsaicin	Ibuprofen 5% gel (prescribe as brand name Fenbid <sup>®</sup> gel-100g container is most cost effective)	