

Primary Care Prescribing Summary - 1st and 2nd line choices

BNF chapter/section	Drug Group	1 st line choices	2 nd line choices
Chapter 6 Endocrine system			
6.1	Drugs used in diabetes	Please refer to Pharmacological Management of Type 2 Diabetes (excluding insulin) and Pharmacological Management of Diabetes-Insulin Therapy.	
6.2.1	Thyroid hormones	Levothyroxine	
6.2.2	Antithyroid drugs	Carbimazole	Propylthiouracil
6.3	Corticosteroids -glucocorticoid therapy	Prednisolone (standard not enteric coated)	
6.4.1.1	Oestrogens and HRT: prescribe by brand name		
	Sequential combined therapy (for women with a uterus)	Elleste-Duet [®] 1mg tablets (estradiol 1mg and norethisterone 1mg) tablets. Elleste-Duet [®] 2mg tablets (estradiol 2mg and norethisterone 1mg) tablets.	Evorel [®] Sequi patches (estradiol 50mcg/24hours and norethisterone 170mcg/24hours)
	Continuous combined therapy (for postmenopausal women with a uterus)	Kliovance [®] tablets (estradiol 1mg and norethisterone 500mcg). Kliofem [®] tablets (estradiol 2mg and norethisterone 1mg).	Evorel [®] Conti patches (estradiol 50mcg/24hours and norethisterone 170mcg/24hours)
	Unopposed oestrogen (for women without a uterus)	Elleste-Solo [®] 1mg tablets (estradiol 1mg). Elleste-Solo [®] 2mg tablets (estradiol 2mg).	Evorel [®] patches (estradiol 25mcg/24hours, 50mcg/24hours, 75mcg/24hours and 100mcg/24hours)
6.4.1.2	Progestogens	Norethisterone-prescribe as brand Utovlan [®] tablets	
6.4.2	Male sex hormones and antagonists	Tesosterone preparations. 5-Alpha Reductase Inhibitors: finasteride.	
6.6	Drugs affecting bone metabolism	Alendronic acid	Risedronate sodium (only if patient cannot tolerate alendronic acid). Strontium ranelate. Denosumab-under shared care following specialist initiation.