

### Primary Care Prescribing Summary - 1<sup>st</sup> and 2<sup>nd</sup> line choices

BNF chapter/section	Drug Group	1 <sup>st</sup> line choices	2 <sup>nd</sup> line choices
<b>Chapter 4 CNS</b>			
4.1.1	Hypnotics	Zopiclone	Temazepam
4.1.2	Anxiolytics	Diazepam	
4.2.1	Antipsychotic drugs	First line typical-haloperidol First line atypical-risperidone	Please refer to the SEPT formulary and prescribing guidelines-section 2: treatment of psychosis
4.2.3	Anti-manic drugs	Please refer to the SEPT formulary and prescribing guidelines-section 3: treatment of bipolar affective disorder	
4.3	Antidepressant drugs	Fluoxetine-1 <sup>st</sup> line SSRI. Fluoxetine and paroxetine have a higher propensity for drug interactions. It may be appropriate to consider sertraline and citalopram in patients with chronic health problems, as these have a lower propensity for drug interactions.	Please refer to the SEPT formulary and prescribing guidelines-section 1: treatment of depression
4.4	CNS stimulant and drugs for ADHD	Methylphenidate, dexamfetamine and atomoxetine-under shared care following specialist initiation.	Please refer to the SEPT formulary and prescribing guidelines-section 6: treatment of ADHD
4.5.1	Anti-obesity drugs	Orlistat	To be used in conjunction with other lifestyle measures and in line with NICE guidance
4.6	Drugs used in nausea	Prochlorperazine. Choice of agent may depend on cause of nausea and vomiting.	Domperidone. Metoclopramide.
4.7.1	Non-opioid analgesics and compound analgesics	Paracetamol. Co-codamol (30/500 strength prescribed as Zapain tablets).	
4.7.2	Opioid analgesics	Weak: codeine, dihydrocodeine	Stronger: morphine, fentanyl patches (as the brand name Fencino <sup>®</sup> ).
4.7.3	Neuropathic pain	Amitriptyline	Gabapentin. Pregabalin (prescribed as BD dosing).

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4.7.4.1	Antimigraine drugs-acute treatment	Aspirin or ibuprofen. Metoclopramide, domperidone, prochlorperazine.	First line triptan: sumatriptan (generic)
4.7.4.2	Prophylaxis of migraine	Atenolol. Amitriptyline.	Topiramate- specialist initiation. Sodium valproate- specialist initiation.
4.8	Antiepileptic drugs	Management/initiation in secondary care	
4.9	Drugs used in parkinsonism and related disorders	Management/ initiation in secondary care	
4.10	Drugs used in substance dependence		
4.11	Drugs for dementia	Donepezil-under shared care following specialist initiation.	Galantamine. Rivastigmine patches-used if excessive GI side-effects and dizziness with oral preparation. Memantine (moderate to severe dementia). Under shared care following specialist initiation.