



NHS

*Thurrock
Clinical Commissioning Group*

New leaders of your local NHS

Thurrock Clinical Commissioning Group



Visit our website: www.thurrockccg.nhs.uk to understand who we are, why we exist and how we hope to work for you and with you.

Thurrock Vision Statement

“The health and care experience for the people of Thurrock will be improved as a result of our working effectively together.”

Welcome message from Chair

Thank you for your interest in Thurrock Clinical Commissioning Group (CCG). I would like to assure you that my colleagues and I in the CCG will do our best to place you – patients and members of the public – at the heart of all that we do.

As a GP, I feel the recent reforms within the NHS, which puts GPs and other clinicians at the centre of commissioning health care services, is a step in the right direction. We believe that to make real improvements to healthcare in Thurrock, we must adopt an integrated/whole systems approach to commissioning. Our close alliance with groups like Thurrock Health and Wellbeing Board, whose purpose is to improve the health and wellbeing of the local population and reduce health inequalities, alongside other health and care groups, shows commitment to our aim.

The local diversity of Thurrock and health inequalities in the area only means that we have to work harder to ensure patients get the best services. One way we plan to do this is by engaging with the public, a key part of our work in the CCG. We value the views and recommendations of patients and so please take the time to visit our Get Involved section of the Thurrock CCG website.

**Chairman,
Dr Anand Deshpande**



Who are we?

We are doctors, nurses and other health professionals who are responsible for commissioning and delivering health services to our local population. We officially took on this role on 1 April 2013, when we became the statutory body responsible for designing and buying health and wellbeing services on behalf of patients, their families and carers, across Thurrock.

Just like the other 200+ CCGs across England, Thurrock CCG spends its budget on NHS services like hospital care, mental health services and community services.

Service contracts with GPs, dentists, pharmacists and opticians are not managed by the CCG, rather by NHS England.

Our Governing Body

Thurrock CCG is made up of GPs based across the whole of Thurrock as well as other health professionals.

Who is on the Governing Body?

On the Governing Body is a Chair, Chief Operating Officer, Accountable Officer, Chief Finance Officer, Executive Nurse and two Lay Members. In addition to these, there are a number of Clinical Leads, who drive forward key health care services.

Please visit the Thurrock CCG website www.thurrockccg.nhs.uk to view a full list of Thurrock CCG Board Members.



Who do we work with?

Thurrock CCG works closely with Thurrock Health and Wellbeing Board and together with Thurrock Council, developed a Health and Wellbeing Strategy, the vision for which is 'Resourceful and resilient people in resourceful and resilient communities'. The Strategy has four aims:

- **Every child has the best possible start in life**
- **People stay healthy longer, adding years to life and life to years**
- **Inequalities in health and wellbeing are reduced, and**
- **Communities are empowered to take responsibility for their own health and wellbeing.**

Detailed plans and schemes are in place to address these aims.

Visit the Thurrock Health and Wellbeing Board website – www.shapingthurrock.org.uk/health to read the full strategy and find out more about health and wellbeing plans in Thurrock.

We work collaboratively with a wide range of stakeholders including other healthcare professionals and third sector organisations. We also engage patients and the public through our patient participation groups.

How does the new structure fit together?

Once Primary Care Trusts were abolished on 31 March 2013, their responsibilities were taken over by Clinical Commissioning Groups, NHS England, Local Authorities and others. CCGs, led by GPs and other clinicians, now manage most of the NHS budget, so they can decide what local services to fund.

How do we make decisions?

Thurrock CCG holds a public Governing Body Meeting once a month. There is an open invitation to anyone who wants to come along to hear how healthcare decisions are made. Visit our website: www.thurrockccg.nhs.uk for more information.

The meetings include discussions about new health plans, progress of current initiatives and how we measure against quality and performance indicators. To carry forward the decisions that are ratified, there are a number of committees and groups that work on the design of services and ensure they are implemented. In turn, representatives from these committees make recommendations to the Governing Body about new developments for improving healthcare for patients.

Patient involvement

One of the cornerstones of the reforms within the NHS is ensuring that patients have a say in healthcare decisions. A patient and public participation lead therefore also sits on the Governing Body to ensure that the views of patients are central to all discussions about healthcare design.



Partnership working

The CCG has established a strong working relationship with Thurrock Council and this has strengthened joint commissioning arrangements. Working collaboratively with the council, other healthcare professionals and third sector organisations helps to ensure that the care experience of the people of Thurrock is improved.

What are our key health priorities?

Unfortunately, there are high levels of deprivation in Thurrock. The tool that helps CCGs plan services for their population, the Joint Strategic Needs Assessment (JSNA) shows some worrying health inequalities. Thurrock residents have lower levels of life chances, opportunities and health and wellbeing when compared to neighbouring areas.

The JSNA recommends that Thurrock CCG focuses on two priorities to reduce health inequalities:

- Reduce the overall prevalence of smoking within Thurrock
- Reduce the overall prevalence of both adult and child obesity within Thurrock.

The CCG has been meeting the challenges of the health issues in Thurrock and has put in place an operational plan and commissioning strategy to address these issues.

Looking forward, the CCG will improve outcomes and reduce inequalities through the development of the following work streams as part of our strategic priorities. These include:

- Integrating unplanned care and improving planned care services
- Stronger partnerships across mental health and learning disabilities
- Prescribing and medicines management
- Improving outcomes for children and families
- Staying healthy
- Ensuring clinical effectiveness and patient safety.

View our Integrated Plan 2013 – 2016 on our website: www.thurrockccg.nhs.uk for more information about our strategic priorities.

Some facts and figures

Thurrock has higher numbers than the national average in the following:

- 0 – 14 year olds
- 30 – 44 year olds
- Females over 70 years old
- Levels of deprivation
- Circulatory disease
- Respiratory disease
- Lung cancer
- Smoking and obesity

Thurrock population: 164,000

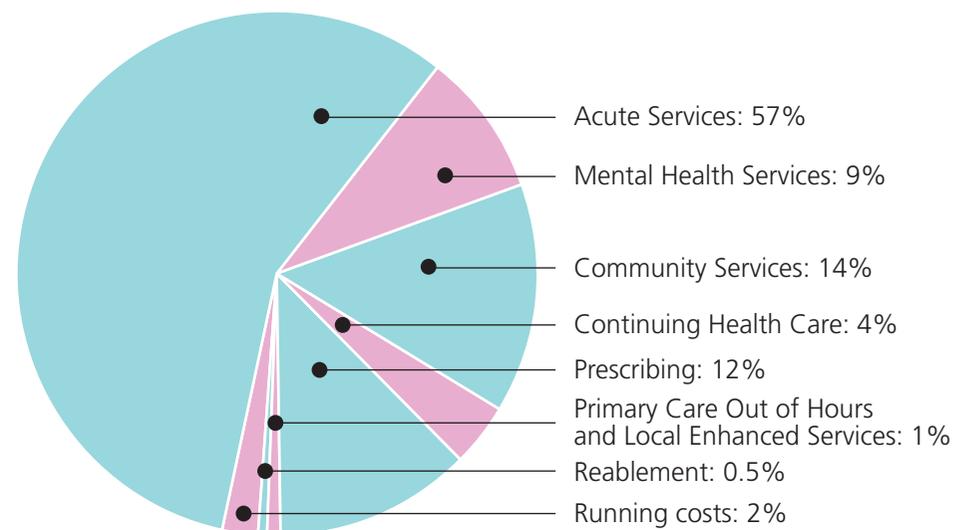
Thurrock CCG budget: £184m

How we spend your money

As your Clinical Commissioning Group, we have a responsibility to spend your money wisely and we are responsible for approximately £184 million of public money to commission or buy improvements in health and health services.

The CCG and our predecessor bodies have a good track record of delivering improved use of resources and financial balance.

The pie chart shows a breakdown of our planned expenditure for 2013 – 2014.



How can you get involved?

We are keen to hear your feedback about local health services in Thurrock. We also welcome your views on our plans and how we develop services right from the beginning.

You can...

Visit the Thurrock CCG website – www.thurrockccg.nhs.uk to:

- View board members
- Read a list of GP practices in Thurrock
- Get health information and learn how to access services
- Find out how to make a complaint and a compliment
- Make a Freedom of Information Request.

Attend our public Governing Body Meeting

- Witness healthcare decision-making up close (Visit the CCG website for dates and locations of meetings).

Join the Patient Participation Group in your GP practice

- Contact your Practice Manager in your GP surgery for more information.

Read the Thurrock CCG Newsletter

- Look out for the Thurrock CCG newsletter for the public (available through the CCG website).



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