

# Thurrock Health Services Over Easter 2019

## Pharmacy Opening Times

### Good Friday (19 April 2019)

Location	Pharmacy	Address	Time
Chafford Hundred	Lloyds Pharmacy	Sainsbury's, Burghley Road, RM16 6QQ	9am - 5pm
Corringham	Allcures Pharmacy	19 Lampits Hill, SS17 9AA	9am - 7pm
Corringham	Boots Pharmacy	83 St. Johns Way, SS17 7NA	8.30am - 5.30pm
Grays	Boots Pharmacy	35-43 High Street, RM17 6LU	8.30am - 5.30pm
Grays	Vision Pharmacy	11 Crammavill Street, Stifford Clays, RM16 2AP	10am - 4pm
South Ockendon	Boots Pharmacy	17 Derwent Parade, RM15 5EF	8.30am - 6pm
Tilbury	Asda Pharmacy	Thurrock Park Way, RM18 7HJ	9am - 6pm
Tilbury	Boots Pharmacy	St. Chads Road, RM18 8LB	10am - 4pm
West Thurrock	Boots Pharmacy	74/75 Lakeside Shopping Centre, RM20 2ZG	10am - 9pm
West Thurrock	Boots Pharmacy	Unit 1B, The Junction Retail Park, Western Avenue, RM20 3LP	9am - 6pm
West Thurrock	Tesco Pharmacy	Cygnets View, Lakeside Estate, RM20 1TX	12pm - 4pm

### Easter Sunday (21 April 2019)

Location	Pharmacy	Address	Time
Corringham	Allcures Pharmacy	19 Lampits Hill, SS17 9AA	9am - 7pm
Grays	Vision Pharmacy	11 Crammavill Street, Stifford Clays, RM16 2AP	10am - 1pm

### Easter Monday (22 April 2019)

Location	Pharmacy	Address	Time
Chafford Hundred	Lloyds Pharmacy	Sainsbury's, Burghley Road, RM16 6QQ	9am - 5pm
Corringham	Allcures Pharmacy	19 Lampits Hill, SS17 9AA	9am - 7pm
Corringham	Boots Pharmacy	83 St. Johns Way, SS17 7NA	10am - 4pm
Grays	Boots Pharmacy	35-43 High Street, RM17 6LU	10am - 4pm
Grays	Vision Pharmacy	11 Crammavill Street, Stifford Clays, RM16 2AP	10am - 4pm
Tilbury	Asda Pharmacy	Thurrock Park Way, RM18 7HJ	9am - 6pm
West Thurrock	Boots Pharmacy	74/75 Lakeside Shopping Centre, RM20 2ZG	10am - 9pm
West Thurrock	Boots Pharmacy	Unit 1B, The Junction Retail Park, Western Avenue, RM20 3LP	9am - 6pm
West Thurrock	Tesco Pharmacy	Cygnets View, Lakeside Estate, RM20 1TX	12pm - 4pm

## Orsett Minor Injuries Unit

Opening times: 10am – 7.30pm, seven days a week

Address: Rowley Road, Orsett, Essex, RM16 3EU  
Telephone: 0300 300 1527

### GP at Orsett Minor Injuries Unit

#### Times

Good Friday (19 April)	12pm - 3pm
Saturday 20 April	12pm - 3pm
Easter Sunday (21 April)	12pm - 3pm
Easter Monday (22 April)	12pm - 3pm

Call 0300 300 1527 for more information.



Image from freepik.com

**Urgent GP appointments for Thurrock patients**

## Feeling Low and Need Help?

**Samaritans** operates a 24 hour telephone service offering support to anyone in distress: 116 123 (national helpline) or (01268) 412000 (local branch)

**Inclusion Thurrock** offers a range of talking therapies,  
Telephone: 01375 898680 (8am and 6pm Monday to Friday)

**For children's mental health services:**  
Call 0300 300 1600 (9am-5pm, Monday – Friday) or email: [EWMHS@nelft.nhs.uk](mailto:EWMHS@nelft.nhs.uk)

# Thurrock Health Services Over Easter 2019



Available 24/7 and free to call or visit online  
For non-urgent medical advice and support  
call 111 or visit [111.nhs.uk](http://111.nhs.uk)



Support Assessment & Advice Service

One Call One Response  
**01268 526 259**

## End of Life Care

A co-ordinating service for people with palliative care needs or needing care at end of life.

## Need Health and Social Care Advice?

Thurrock First is a phone service for over 18s in Thurrock who want advice on social care, mental health or community health

Phone 01375 511000      [thurrock.gov.uk/thurrockfirst](http://thurrock.gov.uk/thurrockfirst)



**Thurrock**

Clinical Commissioning Group

Address: 2nd floor Civic Offices New Road, Grays RM17 6SL

Phone: 01375 365810

Website: [www.thurrockccg.nhs.uk](http://www.thurrockccg.nhs.uk)

Email: [thurrock.ccg@nhs.net](mailto:thurrock.ccg@nhs.net)

Facebook: [facebook.com/ThurrockCCG](https://facebook.com/ThurrockCCG)

Twitter: [@ThurrockCCG](https://twitter.com/ThurrockCCG)

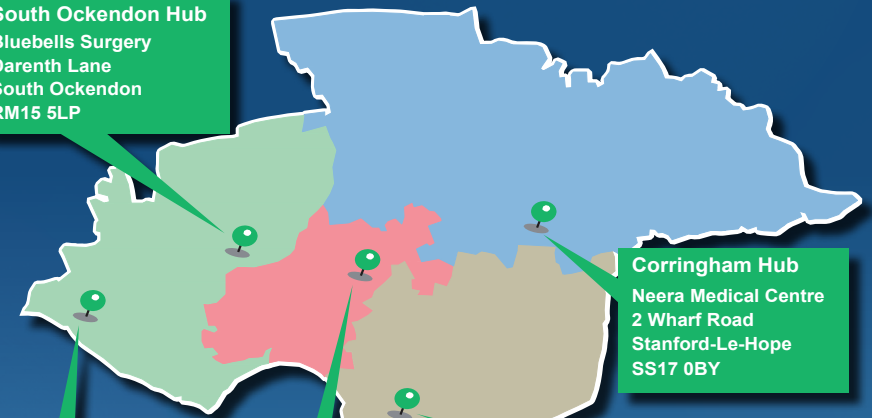
Produced by NHS Thurrock Clinical Commissioning Group (CCG)

## General Practice Services

When GP Practices close during bank holidays, patients can call the Out of Hours GP Service (IC24) by dialling 111. Alternatively, see a GP or nurse weekday evenings or the weekends at one of **Thurrock Health Hubs**.

## See a GP or nurse at the Thurrock Health Hubs

**South Ockendon Hub**  
Bluebells Surgery  
Darenth Lane  
South Ockendon  
RM15 5LP



**Corringham Hub**  
Neera Medical Centre  
2 Wharf Road  
Stanford-Le-Hope  
SS17 0BY

**Purfleet Hub**  
Purfleet Care Centre  
Tank Hill Road  
Purfleet  
RM19 1SX

**Grays Hub**  
Thurrock  
Community Hospital  
Long Lane  
Grays  
RM16 2PX

**Tilbury Hub**  
Sai Medical Centre  
105 Calcutta Road  
Tilbury  
RM18 7QA

## Opening times

The hubs will be open as normal on Saturday 20 April and Easter Sunday (21 April).

On Good Friday (19 April) and Bank Holiday Monday (22 April), the hubs will be open from 9am to 11am.

To book an appointment, call your GP practice.

