

**Clinical Engagement Group**  
**11 October 2016**  
**Orsett Hall**

<b>Present:</b>	Dr N Raja (Chairman)	The Surgery, Horndon-on-the-Hill
	Dr Abeyewardene	Dell Medical Centre
	Dr Basu	Balfour Medical Centre
	Dr Chandran	Stifford Clays Medical Centre
	Dr Cheung	Ash Tree Surgery
	Dr A M Davies	Pear Tree Surgery
	Dr Deshpande	Neera Medical Centre
	Dr Grewal (LG)	Chafford Hundred Medical Centre
	Dr V Devaraja	Sorrells Surgery
	Dr J Hamilton	Derry Court Medical Centre
	Dr N Jagadish	Sai Medical Centre
	Dr Jayakumar	Pear Tree Surgery
	Dr L Josephth	The Grays Surgery
	Dr Kadim	Prime Care Medical Centre
	Dr Kallil	The Surgery, Orsett
	Dr Lal	The Shehadeh Medical Centre
	Dr Leighton	Aveley Medical Centre
	Dr K K Masson	Milton Road Surgery
	Dr Mohile (RM)	Chadwell Medical Centre
	Dr Obabori	The Shehadeh Medical Centre
	Dr Pattara	The Surgery, Horndon-on-the-Hill
	Dr N Raj	Purfleet Care Centre
	Dr Ramachandran	Appledore Surgery
	Dr Sivakumar	The Shehadeh Medical Centre
	Dr J Sosanya	St Clements Health Centre
	Dr Wendoff	Dell Medical Centre

<b>In Attendance:</b>	Lynne Hilkene (Minutes)	Business Support, CCG
	Christine Celentano	Head of Business Support, CCG
	Leah Ollerenshaw	Business Support, CCG
	Lesley Buckland	Deputy Chair and Lay Member, TCCG
	Jeanette Hucey	Director of Transformation, TCCG
	Alison Springett	Snr Primary Care Manager, TCCG
	Rehul Chaudhari	Head of Primary Care, TCCG
	Richard Stone	Head of Communications, TCCG
	Russell Vine	Hassengate Medical Centre
	Kim James	Healthwatch, Thurrock
	Irene Lewsey	Head of Transformation
	Kehinde Adeniji	Snr Commissioning Manager
	Michelle Monk	College Health Ltd
	Tania Stitch (TS)	Thurrock Council NELFT
	Sue Waterhouse	SEPT
	Sam Marlton	The Grays Surgery
	Rita Thakeria	NELFT
	Jane Itantaga	Snr Commissioning Manager
	Jane Richards	Lead Nurse, TCCG
	Sue Pavling	Dilip Sabnis Medical Centre
	Tracey Adams	College Health Ltd
	Sharon Hogarth	College Health Ltd
	Sharran Carter	Primecare Medical Centre
	Steve McKenna	Neera Medical Centre
	Alison Whiting	College Health
	Kemi Fasola	Collage Health
	Susan Ogan	Sai Medical Centre
	Dawn Mainhood	Pear Tree Surgery
	Rupesh Vassia	The Shehadeh Medical Centre
	Mark Frost (MF)	Inclusion in Thurrock

	Renée Hepker (RH)	Recovery College
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<b>1. Welcome &amp; Apologies</b>	The Chairman welcomed everyone to the meeting. There were no apologies forthcoming.
<b>2. Minutes of the meeting held on 13 September 2016</b>	The minutes of the previous meeting were approved. There were no new conflicts of interest.
<b>3. SPAR &amp; ICT</b>	<p>NJ welcomed Tania Stitch, Sue Waterhouse and Rita Thakaria to the meeting.</p> <p>TS advised that Thurrock's new Single Point of Access (SPAR) is a joint appointment between NELFT, Thurrock Council and SEPT. The new service would focus on a single access point providing access to professional advice and information and care co-ordination; delivery date is targeted for February 2017. TS said the new name for the service is called 'Thurrock First'.</p> <p>TS advised that the new service will be an integrated service ran between the three services which would be one single access point contactable by email, app, or the phone. There would be access to professional advice and care co-ordination across the disciplines under one service; the service would be open 7 days a week.</p> <p>RT presented a slideshow on 'Integrated Community Older Adults Health and Wellbeing Service'. RT advised that the new model had been possible from recent investment made which is part of a long term condition service, in improving the wellbeing of older adults.</p> <p>The service would be a single access point which will be supported by Community Geriatrician's which would identify older adults and supporting them or signing them back in the community.</p> <p>RT advised on the various avenues of support i.e. Locality MDT's, Clinics (4 per week), Care Home support and Domiciliary Visits in the community.</p> <p>RT said they are already working with a number of practices to identify patients with frailty and will be phasing in support to other practices. The group looked at the Falls Audit slide whose aim is to reduce the number of falls, which often led to fractures.</p> <p>TS advised that they were waiting to hear from Success Regime whether someone from housing will be in the pod. They will also be linking in with 'One Response'.</p>
<b>4. Success Regime</b>	No report.
<b>5. IAPT - Recovery College</b>	<p>RM gave an update on IAPT and Thurrock Recovery College and gave special mention and thanks to Jane Itantaga for her continuing good work.</p> <p>RM advised that IAPT is an evidence based treatment programme and now working in Thurrock; providers are Inclusion in Thurrock, which has transferred from being the worst to the best performing for IAPT provision. Key highlights have been to build links with other providers.</p> <p>RM introduced Mark Frost, Clinical Lead for Inclusion Thurrock who gave background to their work. RM advised that since its inception on 1<sup>st</sup> April, 1,500 people have used the service with 5,500 attended appointments from 1<sup>st</sup> April. The waiting time for an assessment is on average 4 days, but most people are assessed by the following day. The waiting list for counselling for depression is approx. 8/9 days.</p>

MF advised that they will be looking at providing specific groups for older adults with 4-6 in a group. Discussion followed on waiting time, and it was hoped to have more evening appointments made available, as more funding has been granted for more clinicians.

Renée Hepker introduced herself as the Recovery College Lead and also a mental health occupational therapist. RH gave background to her work and the new service, which was open to anyone over the age of 18. RH said she was in conversation with SEPT for people coming out of secondary care and in talks with Thurrock Council and the CCG. It was hoped to have evening appointments and evening courses and any volunteers would be welcome.

MF said the College will also help people that are not directly a mental health patient. They may be a carer or family member. It was hoped to educate people and learn through people that have lived through mental care issues. MF confirmed that courses were free of charge in the community across the Borough.

A question arose regarding patients who want to commit suicide. MF/RH confirmed that in an emergency they would always refer to A&E. If not, than people are advised to see their GP.

RH confirmed there was no limit on how many sessions people can attend. Each person would be reviewed after their course. Anyone who shows interest in attending a course would be met face to face before attending the course.

MF advised that the Recovery College page can be accessed through the IAPT page on the web.

**6. Practice Concerns - New template Letters**

LG raised the subject of the recent launch of GPC template letters for GP practices to push back on instances where hospitals breach new requirements introduced to the hospital standard contract with effect from the April. The new requirements cover a variety of topics ranging from discharge policies, clinic letters, medication on discharge, results etc. It was hoped that the new template letters will empower practices to demand that hospitals honour these changes and thereby reduce the burden of bureaucratic burden to GPs.

GP's unanimously agreed that a letter from Thurrock CCG should be sent on behalf of CEG in support of above.

It was hoped that Kate Woolterton, BTUH will be in attendance at the next CEG.

**7. AOB**

RM gave a brief update on Shared Care Protocol including the benefits to GPs and the CCG.

RM advised that he would continue to update the Group.

**Date of Next Meeting**  
**8 November 2016**